

## Family Talk– Confession

### READ TOGETHER

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#### James 5:13–18

1. Have you ever witnessed God move in a powerful way after praying? Share the experience with your family.
2. Why do you think it may be scary to confess struggles?
  - What are some of the benefits of doing so?
3. Who are people you can share your struggles and stumbles with?
  - If you don't have a close knit community where you feel comfortable confessing, what would it look like for you to develop those types of relationships?

### LIVE IT

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The life of a Christ follower is not to be a *lone wolf* journey. We're called to prayerfully follow Jesus in community, sharing the ups and downs of life with other believers. Community doesn't develop by accident. It requires consistent intentionality. Consider scheduling a time together as a family to pray for each other one to two times a week.

As a family, consider memorizing one or all of the following verses about confession: 1 John 1:9, Proverbs 28:13, Psalm 32:5. Also consider posting verses around your house on sticky notes, index cards, etc.

### LEAN ON GOD

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Dear God,

Thank You for the forgiveness that we find in Your Son Jesus. Give us courage to confess our sins to You, but also to a loving community of believers who can encourage us as we pursue relationship with You. We love You and are thankful for Your mercy and grace.

In Jesus name,

Amen.

