

► Digging Deeper – Week 7 Guided Prayer

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit brookwoodchurch.org/groups.

Focus

This week our focus is on...

Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one.

Matthew 6:9-13 (NLT)

Open

What's been one of the most helpful aspects of this series about prayer?

Pray

Pause for a few minutes to quiet your heart and mind. Then ask God for insight and direction as you study and reflect on this week's lesson.

Connect

Watch this week's video*, then use the following questions for reflection and conversation. Consider these Scriptures as you study and reflect: Philippians 4:4-9; Colossians 4:2-4; 1 Thessalonians 5:16-18.

1. What stood out to you from the video? Did anything specific catch your attention?
2. What resonated with you most during this series about prayer? What will you take with you?
3. How has this series helped you understand the purpose of prayer?
4. How has your prayer life changed during this series?
5. Which aspect of the Lord's Prayer do you think you need to grow in understanding and incorporating into your prayers?
6. How are your core beliefs about who God is and what you believe about yourself shaping/driving your prayer life?
7. What would praying more continually throughout the day look like?

8. How does it either encourage or challenge you to know that prayer is both a responsibility and a privilege?
9. How have your doubts and fears kept you from praying? Describe a situation when your doubts and fears led you into a deeper, more intimate prayer time.
10. What roadblocks get in the way of having more intimate conversations with God?
11. Each part of the Lord's Prayer is an admission of surrender. How can prayer keep you from trying to control your life and circumstances?
12. How will you continue growing in your union with God?

Guided Prayer

Read the Lord's Prayer out loud. Reflect on each section and remember all God has revealed during this series. Celebrate how your prayer life has strengthened and grown.

Daily Devotional

Spend time with God each day with the Daily Devotional. Available on the App. Booklets are available with the Receptionist or at the Information Desk.

Memory Verse

What mighty praise, O God, belongs to You in Zion. We will fulfill our vows to You, for You answer our prayers. All of us must come to You.

Psalms 65:1-2 (NLT)

Daily Reading

Day 1: Matthew 6:9

Day 5: Matthew 6:11

Day 2: Matthew 6:9

Day 6: Matthew 6:12

Day 3: Matthew 6:10

Day 7: Matthew 6:13

Day 4: Matthew 6:11

Pray for Next Sunday

1. Pray that Brookwood continues to be a house of prayer.
2. Pray that people will sense intimacy in their relationship with God.
3. Pray that people will intercede for others as the Spirit leads.

* Video resources can be found with each Message by visiting brookwoodchurch.org/media.



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