



WINTER SUPPORT GROUPS

Supporting You Through Life's Challenges

BOUNDARIES
WORKSHOP

CELEBRATE
RECOVERY

DIVORCE *Care*

FINANCIAL *Peace*
UNIVERSITY

GRIEF  SHARE

LOSS OF A SPOUSE

Mental Health &
Suicide Awareness
Workshop

SUPPORT FOR
PARENTS OF
PRODIGALS
WHEN YOUR ADULT CHILD WANDERS

the Landing™

Visit brookwoodchurch.org/care
for more information and to register.

CELEBRATE RECOVERY/THE LANDING

Learn to grow in Christ's peace while overcoming life's struggles and past hurts. Celebrate Recovery for adults and The Landing for students are Christ-centered ministries of discipleship and healing.

Adults • Celebrate Recovery • Thursdays • 6:30 pm • Chapel

Students in grades 7–12 • The Landing • Thursdays • 6:30 pm • Chapel and Pod A

SUPPORT FOR PARENTS OF PRODIGALS

Find healing from the past and hope for the future. Join other parents with troubled children who've left home with a heart of rebellion..

Tuesdays • January 18–March 8 • 6:30–8 pm • Chapel 279 • Cost: \$15 per couple

GRIEFSHARE

Grieving the death of a loved one is a challenging yet normal healing process. Consider this 13-week support group to find hope, comfort and community.

Tuesdays • January 25–April 19 • 6:30–8:30 pm • Balcony Room • Cost: \$20

DIVORCECARE

After the heartbreak of divorce, find acceptance, comfort and strength while healing from one of life's most difficult experiences.

**Wednesdays • January 19–April 20 (no class March 23) • 6:30–8 pm • A127
Cost: \$20 • Must be legally divorced.**

FINANCIAL PEACE UNIVERSITY (FPU)

Experience practical, Biblical guidance for handling money.

Learn how to get out of debt and discover ways to save and spend wisely.

Wednesdays • January 19–March 16 • 6:30–8 pm • Pod A • Cost: \$129 per family

BOUNDARIES WORKSHOP

Healthy relationships and sound living depend on smart personal boundaries.

Gain tools to improve the quality of relationship in every sphere of life.

Learn the positive impact of saying yes and no.

Saturday, January 15 • 8:30 am–Noon • Pod D

LOSS OF A SPOUSE WORKSHOP

The passing of a spouse is difficult, emotional and seemingly impossible to navigate. Get equipped with tools and resources to process grief and begin to move forward. Hope is available.

Sunday • January 16 • 2–4 pm • Pod D • Cost: \$7

MENTAL HEALTH AND SUICIDE AWARENESS WORKSHOP

Understand what good mental health looks like and identify signs indicating a loved one may be depressed or suicidal.

Saturday • February 26 • 8:30 am–Noon • Pod D



BROOKWOODchurch
LOVE GOD • LOVE PEOPLE

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