



What is the purpose for having a mobile phone?

- Develop your own plan and boundaries.
 - Set boundaries for when your student can and can't use their device.
 1. Can they only use it 1 hour a day?
 2. Can they only use their device on certain days of the week?
 3. Should you set a week of the year where they don't use devices at all?
 - What do you use your mobile phone for and why?
- Develop a plan for your family.
 - Tech Family or Non-tech family? Either way can be honoring to God.
 - Mobile phone contract.

Teach your children about purity.

- Sexual Purity.
 - Have this conversation! If your child is in grade 5 and you haven't talked about sex, stop and make a plan for that first.
 - Sex is designed for marriage. Anything outside of that is sinful and harmful
 - *Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. 1 Corinthians 6:18 (NLT)*

- Emotional Purity.
 - Having a device with an internet connection opens your student up to the world.
 - Cyberbullying – Be aware and be encouraging to your student.
 - Key question to ask your student, *Are you the same person in real life that you portray to others on social media?*
- Mental Purity.
 - Is this device sharpening your child's mind or dulling it?

*A mobile phone is like a chainsaw. It's an incredibly useful tool, but if used improperly it could cause serious if not fatal injury.

Take it slow.

- You don't have to give your child the newest device. Give them a device with training wheels to help them learn and grow.
- The goal is for your child to use technology responsibly when you're not around.
- Help your student on the front end rather than having to clean up a mess on the back end. Front end work is much easier and more beneficial than back end work.



FIRST MOBILE PHONE CONVERSATION

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THOUGHTS TO CONSIDER

- Would I give my child a chainsaw or a car without training or guidance? Why would a mobile phone be any different?
- Boundaries = Safety + Freedom.
- What am I modeling to my children and family with the way that I use my mobile phone?

ACTION STEPS

1. Have a conversation with your student about electronic devices. Share your own experience. Be transparent.
2. Parents should draw up a mobile phone contract that's agreeable to both of them.
3. Review the contract with your child asking for feedback. Have them agree and sign.
4. Every year or semester of school revisit the contract and make appropriate changes.

RESOURCES

- *Parent Chat* by Matt Mckee
- *The Tech Wise Family* by Andy Crouch