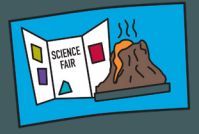




## HOW TO ASK GOOD QUESTIONS

For Students in Grades 7-8



### **PRESCHOOL/ELEMENTARY SCHOOL KIDS**

- Ask questions about their interests.
- What do they like, why do they like it.
- What do they not like, why not.

### **MIDDLE SCHOOL**

- Ask with no expectation of an answer.
- Ask open ended questions.
- Ask the same question in a new way.

### **HIGH SCHOOL**

- Ask questions to find stories.
- Use seasonal things to create conversations. (For example: Summertime: favorite pool memory, favorite summer vacation, what do you dislike about summertime)
- Ask future oriented questions.

Try to focus questions on emotions, focusing on another person, and always follow up.

Try to connect feeling to action. What were you feeling when you knocked your brother down?

Take away all of your assumptions and start with a blank slate in asking questions. You always know less than you think you know.

A great place to start is to ask yourself the question, *Why do I want to ask my kid this question?*

### **ACTION STEP:**

Ask one question per day to your child.

### **FUNNIEST QUESTION TO ASK:**

- Did you fart today?

### **TOP FIVE QUESTIONS TO REMEMBER:**

1. High-Low or Best-Worst – What was the high point for you today? What was the low point?
2. Best – What the best burger you've ever eaten?
3. Wish – Is there a question that you wished you asked today?
4. List – What are your top three pizza toppings?
5. Turnaround – If you could ask me any question, what would you ask me?