

**BIBLE STORY:** What is peace? • Luke • Mary and Martha

**BOTTOM LINE:** When we choose to follow Jesus, He gives us peace that never leaves us.

**VERSE:** *I am leaving you with a gift peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.* **John 14: 27 NLT**

**VERSE HAND MOTIONS:** *I am leaving you with a gift* (cupped hands out in front of you) **peace of mind** (point both index fingers to temples) **and heart.** *And the peace I give is a gift* (hands over your heart) **the world cannot give.** (wag right index finger in front of you) **So don't be troubled or afraid.** (Make 'X' arms in front of yourself) **John** (open bible hands) **14** (closed hands) **27** (open hands)

Before kids arrive, take a few moments to pray for them. Pray for those who might visit your group for the first time. Thank God for the moments when you and your relationships have been changed because of forgiveness. Pray that kids would take what they learn today and put it into practice, so that they, too, can experience the life change God has to offer through forgiveness.

## ACTIVITY PAGES

### SMALL GROUP WELCOME

1. **Introduce** yourself, and **welcome** new kids by name.
2. Kids **share** what happened during the past week.
3. **Check up** on past week's prayer requests and events.
4. **Discuss** the welcome question: **What ideas do you have for throwing a really fun party?**

### SMALL GROUP ACTIVITY

#### YOU'LL NEED

**PER KID:** Nothing

**PER GROUP:** 1 Game spinner & 1 Peace Spinner activity supplement

#### AFTER ACTIVITY

**KIDS KEEP:** Nothing

**YOU KEEP:** Spinner (save and sanitize for reuse) & Activity supplement (throw away/recycle)

#### TO DO

**SAY:** When we choose to follow Jesus and unhappy things come up, we don't have to lose it. We have God's peace—we can calm down inside because we can trust Him. Now let's see what it's like to lose it—and what it's like to choose God's peace, instead!

1. The leader **spins** the spinner.
2. Everyone in the group **does the activity** that matches the color the spinner landed on.  
**Note:** See activity supplement to know what each color stands for.
3. **Repeat** steps 1 and 2 several times.

**SAY:** Every time we "lost it," it was kind of crazy. But when we choose Jesus' peace, it helps us calm down inside, get our thoughts together, and try again.

4. **As time allows, repeat** steps 1 and 2. Kids can come up with additional ways to "lose it" if they'd like.

## SMALL GROUP DISCUSSION

### SAY THE POINT AND BIBLE VERSE TOGETHER.

When we choose to follow Jesus, He gives us peace that never leaves us.

*I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. John 14:27 NLT*

1. **What gift does Jesus leave us with?** Peace for your mind and your heart

### CHOOSE A FEW REVIEW QUESTIONS.

1. **What do you think peace feels like?** Answers will vary.
2. **Who gets Jesus' gift of peace?** Everyone who chooses to trust in and follow Jesus
3. **What good things do you think Jesus' gift of peace does?** Answers will vary. Ideas: heal broken things like your heart and your friendship with God, help your mind and heart be strong and healthy, etc.
4. **What are some things that might keep you from feeling Jesus' gift of peace?** Answers will vary. Ideas: being too busy, jealousy, worrying, not forgiving others, hard times, getting made fun of, etc.

### CHOOSE AN ACTION STEP QUESTION.

1. **Talk about a time you felt really peaceful.** Answers will vary.
2. **When you choose to follow Jesus, His peace is always with you. If you don't feel it, what can you do about it?** Answers will vary. Pray, read the Bible, talk to a trusted friend, listen to music about God, etc.

### PRAY TOGETHER.

1. **Ask** kids to share things they'd like to pray about.
2. **Write down** their prayer requests.
3. **Pray** together over the prayer requests.

**Not sure what to pray? Pray this:** God, please help us get to know Jesus and the gift of peace He gives to us. In Jesus' name, amen.

### CHECK OUT

*Stay in small groups until kids are checked out.*

1. Encourage **kids to talk** about what's on their mind, and **play** the game again.
2. When a kid from your small group leaves, **say** a positive and specific compliment to their family.
3. **Ask** parents to **take a pic** of the parent convo card at the door to help continue the **conversation at home**.